# ANNUAL ACTIVITIES REPORT

# **FOR THE YEAR 2019-20**



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**NEW INTEGRATED RURAL MANAGEMENT AGENCY (NIRMA)** 

Nungphou Bazar, Sangaiyumpham Part-I, P.O. Wangjing-795148, Thoubal District, Manipur

#### From Secretary's Desk

I am kerl glad to publish this Annual Report 2019-20 before you and I express my heartest pleasure to my Executive Committee Members, Advisory Board Members, General Body Members, staff and volunteers of NIRMA for their fullest cooperation and tireless efforts to achieve our targeted projects and programmes successfully during this year.

The Executive Committee of the New Integrated Rural Management Agency (NIRMA) wishes to express its deep appreciation to all the staffs for their hard works and constant support during the year under report as they had done the last year which has enable NIRMA to achieve our earmarked goals and to march forward in great strikes towards the promotion and implementation of various rural development programmes.

The Committee takes the opportunity to place our record in this appreciation that NIRMA is successfully running "Senior Citizens' Home for 50 Elderly Women", Craft Training Centre for OBC's with the support of Ministry of Social Justice & Empowerment Govt. of India, NIRMA Computer Academy & NIRMA Computer Training Centres under NCPUL, Ministry of HRD, Govt. of India & National Institute of Electronic and Information Technology (NIELIT), Ministry of Communication & Information Technology, Govt. of India, Youth Development Centre under NYK, Ministry of Youth Affairs & Sport, Govt. of India, New Delhi, Promotion of Weaving Technology with TARA-LOOM & Mobile Phone & PC Repairing Training Programme under NRDC, Ministry of Science & Technology, Govt. of India, Maulana Azad Craft Training Centre under Maulana Azad Education Foundation, Ministry of Minority Affairs, Govt. of India and Establishment of Rural Business Hub on Handloom Products under Ministry of Panchayati Raj, Govt. of India, New Delhi, Vocational Training Programme in Tailoring, Embroidery and Wool-Knitting under Central WAQF Council, Ministry of Minority Affairs, Govt. of India, New Delhi

With heartfelt gratitude and appreciation to all concerns, I will be felling in my duty if I do not take the opportunity of expressing my sincere gratitude and regards to all the officers and staff members who had spared no pain in giving expert guidance and extending full co-operation to all sections of the society in manifold programmes for overall improvement of all quality of life as a whole.

Lastly, with my great hope, I am taking oath that I shall try in my best for performing and implementing the earmarked programmes in the coming year for betterment of the rural backward areas of Manipur.

(MOHD. AZIZUR KHAN)

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Secretary, NIRMA





### **ANNUAL ACTIVITIES REPORT**

Period from 1st April, 2019 to 31st March, 2020

#### INTRODUCTION

The New Integrated Rural Management Agency (NIRMA) was established in the year 1986 at Nungphou Bazar, Sangaiyumpham Part-I, P.O. Wangjing -795148, Thoubal District, Manipur by same dedicated youth volunteers and social activists as a non-governmental, non-sectarian, non-denomination, non-political, non-profit making voluntary agency with the primary objective of bringing about an overall development/welfare and an equitable/equatorial society in the remote and less privileged areas. The present report highlights the organisation's activities and significant achievement made during the period from 1st April, 2019 to 31st March, 2020.

#### STRUCTURE OF THE ORGANISATION:

The structure of the organization is democratic. It is well constituted and follows the constitution of the organization. It has General Body Members who are dedicated and committed and well experienced in different fields of rural development, social work and public contact /cooperation. The organization has important office bearers consisting of 3 (three) members-President, Secretary and Treasurer to look after the day-to-day affairs and smooth functioning of the organization.

#### **MANAGEMENT OF NIRMA:**

The responsibility and administration of the New Integrated Rural Management Agency (NIRMA) is entrusted to an Executive Committee/ Executive Body/Managing Committee consisting of 7 (seven) members.

#### ADVISORY COMMITTEE:

The Organization, NIRMA has an Advisory Committee consisting of 5 (five) members. They overviewed the work of the Executive Committee of the organization and advice the members of the Committee as and when necessary. The life of the Executive Committee is 4 (four) years. After completion of the life of an Advisory Committee another new Committee has formed by the General Body of the Organization to overview/look after the work and function of the Executive Committee.

#### **CREATION:**

NIRMA was created by a group of socially dedicated youth voluntary activist and professionals drawn from various walks of life with strong determination and commitments of uplifting the most marginalized, backward, down-trodden and others in need and hardship with broad objectives of making an egalitarian society where is no poverty, degraded environment malnutrition, literacy, discrimination, economic constrains and social justice.

#### **LEGAL STATUS:**

The New Integrated Rural Management Agency has been registered /affiliated to the following:

- Societies Registration Act, XXI of 1860
- \* Manipur Registration Act, 1989 (Act No. 1 of 1990)
- \* Foreign Contribution Regulation Act, 1976 under section 6(1)
- Income Tax Act, 1961 under Section 12A.
- Income Tax Act, 1961 under section 8OG (5).

- PAN CARD
- Manipur NGO Forum, Imphal, Manipur.
- Department of Social Welfare (Persons with disabilities), Govt. of Manipur, Important A
- Department of Social Welfare, Govt. of Manipur
- Tax Deduction Account Number (TAN)
- NGO Partnership System.

#### **VISION:**

NIRMA visualises a just society where in the people can enjoy economic freedom, quality, equal peace and harmony, social and spiritual well being, sound and healthy environment, upliftment of rural masses, healthy people, education and cultural.

#### **MISSION:**

NIRMA also actively support and involves in the development of people's particularly women's capacity for the promotion of their social economic, cultural, political, health, education and environment status. The organisation also involves in dedication and sacrifice for the community for youth, Senior Citizens', children, poor & destitute to create a healthy and strong nation.

#### AREA OPERATION OF THE ORGANISATION:

The Organisation covers its activities to all rural areas in the state of Manipur.

#### OFFICE ACCOMODATION:

NIRMA has its own office building with training and conference hall at Nungphou Bazar, Sangaiyumpham Part-I, P.O. Wangjing-795148, Thoubal District, Manipur.

#### DETAILS ABOUT THE ONGOING PROJECTS/SCHEMES RUN BY NIRMA

#### MAINTENANCE OF SENIOR CITIZENS' HOME FOR 50 ELDERLY WOMEN:

#### **INTRODUCTION:**

In accordance with the revised guideline of the scheme "Integrated Programme for Older Persons" and programme "Maintenance of Senior Citizens' Homes for 50 Elderly Women" of the Ministry of Social Justice & Empowerment, Government of India, New Delhi NIRMA has been running programme "Maintenance of Senior Citizens' Home for 50 Elderly Women" at Nungphou, Sangaiyumpham Part-I, P.O. Wangjing, Thoubal District, Manipur to fulfil the main objective of the scheme i.e. to improve the quality of life Senior Citizens by providing basic amenities like shelter, food, medical, care and entertainment opportunities and by encouraging productive and active ageing through providing support for capacity building of Non-Governmental Organisation. The total number of beneficiary were 50 (Fifty) women according to the revised guideline. The total number of staff in the Home were 11(Eleven)namely (i) Superintendent, (ii) Counselor, (iii) Yoga Therapist (Part time), (iv) Nurse (Part time), (v) Doctor-1(Part time), (vi) Cook-2 (Full time), (vii) Chowkidar-1(Full time), (viii)Helper-2(Full time), and (ix) Cleaner-1(Full time) to run the Senior Citizens' Home for 50 Elderly Women smoothly, continuously and successfully. Pradhans of the Sangaiyumpham Part-I and Part-II G.P. with Zilla Parishad Member including Ward Members of the Panchayats shared their sympathy for the inmates.

Shri Arambam Kameshwar Singh, District Social Welfare Office With his team of the department frequently inspected the Senior Citizens' Home for 50 Elderly Women during the period and he encourage the staff of the Home for doing sincere works for the inmates and forwarded the proposal for the year 2019-20 to the Director, Department of Social Welfare, Imphal, Government of Manipur for onward transmission to the Government of India for releasing grant-in-aid for the financial year. Staffs and inmates of the Senior Citizens' Home for 50 Elderly Women participated the International Day of Older Person(IDOP) 2019 held on 12<sup>th</sup> October 2019 at IRDEO Hall and organised by the Integrated Rural Development and Educational Organisation, IRDEO-RRTC(Ageing)-NE in collaboration with New Integrated Rural Management Agency(NIRMA),Nungphou Bazar, Sangaiyumpham Part-I, Thoubal District, Manipur.



Smt N. Bandana Devi, IAS, Deputy Commissioner of Thoubal District delivering valuable speech about the International Day of Older Person(IDOP) and she has give assurance for giving valuable assistance to the inmates of the Homes of Thoubal District from her side. Showing the photo of the inmates coming from Basu Ground, Khangabok, Thoubal District, Manipur to IRDEO Campus.

During the period, Social Welfare Department, Government of Manipur, Thoubal District performed the programme "Obsevnce of International Day of Older Persons- 2019" on the theme "The Journey to Age Equality" on 1st October 2019 at the Counting Hall of the DC campus, Thoubal, Thoubal District, Manipur.



Showing Smt N. Bandana Devi, IAS, Deputy Commissioner, Govt. of Manipur, Thoubal, Shri Arambam Kameshwar Singh, District Social Welfare Office (DSWO), M. Rajendro Singh, team leader of the monitor team of the RRTC-IRDEO (Ageing)- NE and inmates of the Senior Citizens' Home for 50 Elderly Women run by NIRMA and inmates of some other Home of Thoubal District, Manipur.

The Ministry of the Social Justice & Empowerment, Government of India informed us to participated the International Day of Older Person to be held on 3<sup>rd</sup> October, 2019 at Vigyan Bhawan, New Delhi and Mohd Azizur Khan, Secretary of NIRMA participated the programme "International Day of Older Person-2019" and "Vayoshreshtha Samman-2019", National Awards for Senior Citizensat Vigyan Bhawan, New Delhi.





Showing Shri Ram Nath Kovind, President of India during his valuable speech about the programme and Krishan Pal Gurjar, Minister of State for Social Justice & Empowerment, Govt. of India, Nilam Sawhney, Secretary, Minister of State for Social Justice & Empowerment, Govt. of India and Joint Secretary and other official of the Minister of State for Social Justice & Empowerment, Govt. of India.



Mohd Azizur Khan, Secretary, NIRMA during the programme "International Day of Older Person-2019" and "Vayoshreshtha Samman-2019", National Awards for Senior Citizensat Vigyan Bhawan, New Delhi.

The Organisation has organised the yearly programme "26th Winter Relief Programme" for the inmates of the Senior Citizens' Home for 50 Elderly Women and some other oldest person of Sangaiyumpham Part-I and Part-II, Thoubal District, Manipur held on Sunday, the 5th January 2019 at the NIRMA Senior Citizens' Home Complex.



Smt N. Bandana Devi, IAS, Deputy Commissioner, Govt. of Manipur, Thoubal District, Manipur and Shri Ngangom Uttam Singh, MCS, Director, Social welfare Department, Govt. of Manipur delivered valuable speech about the programme and for the welfare of the inmates and they said that they opened official doors 24 hr for the inmates.



Md. Hibjur Rahaman, Zilla Parishad Member, Thoubal Zilla Parishad, Sangaiyumpham Kendra and Shri Arambam Kameshwar Singh, District Social Welfare Office (DSWO), Govt. of Manipur, Thoubal District, Manipur expressed valuable words about the programme and good suggestion for the welfare of the inmates.





As a part of the programme Smt N. Bandana Devi, IAS, Deputy Commissioner, Govt. of Manipur, Thoubal District and Shri Ngangom Uttam Singh, MCS, Director, Social Welfare Department, Govt. of Manipur handover the Winter Releif items to the inmates.



Showing from top left -the VIPs of the 26th Winter Relief Programme, Md. Hibjur Rahaman, Zilla Parishad Member, Thoubal Zilla Parishad, Md. Jakir, Pradhan, Sangaiyumpham Part=I, G.P and Mrs Ramida, Pradhan, Sangaiyumpham Part-II G.P. during distribution of winter relief items to the inmates and older persons selected by the Pradhans from Sangaiyumpham Part-I and Part-II for the programme.

The Department of Public Health Dentistry, Dental College, Regional Institute Medical Colleges (RIMS), Govt of Manipur, Imphal NIRMA has organised a free dental check-up camp on "Oral Screening and provision of free Removable Partial Dentures" for the inmates of the Senior Citizens' Home and approximately 15 days later, they delivered the dentures and educate the patients on proper dental hygiene maintenance.







Showing the doctors and inmates during dental check-up, oral screening and removable partial Dentures at the SrCH run by NIRMA.

During the period, Shri M. Rajendro Singh, team leader of the monitor team with other staffs of the RRTC-IRDEO (NE), Wangbal has inspected the Home every month about the functioning of the Home and they suggested the inmates to inform them any requirement of the inmates in the Senior Citizens' Home.



The monitor team of the RRTC-IRDEO (Ageing)-NE were in the Senior Citizens' Home for 50 Elderly Women and the inmates with the monitoring team in the campus of the SrCH and some other inmates in their beds during their visit in the Home.

A part time Yoga Therapist visit the Home at least three times in a week for a minimum one hour per day and sometimes she visit four or five times in the Senior Citizens' Home.







Showing the inmates and Yoga Therapist during yoga in the Senior Citizens Home

During the period many sympathisers, social workers came to the Senior Citizens Home for giving gifts to the inmates and some social worker gave sanitizer, face masks and hand wash liquids during the lockdown period to safe from the coronavirus pandemic.



Shri Menjor Singh, Principal of the K.M. Blooming Higher Secondary School, Khangabok, Thoubal District, Manipur in the Senior Citizens' Home for giving some essential items to prevent coronavirus in the Home.

# SOME SERVICES RENDERED TO THE INMATES BY THE ORGANIZATION WERE: <u>HEALTH CARE FACILITIES:</u>

#### FOOD:

The organization supplied adequate quantity, good quality, variety in food stuff with all the necessary services like fooding, breakfast, tea for both day and night and other fooding items like fruits, juice, bread, omelet, butter, meat, fish, and biscuits etc. and as demanded by the inmates were supplied regularly and timely to fulfill their necessity. We provided seasonal food

items also to the aged persons/beneficiary. The daily indicative menu supplied to the inmates is given below:-

SI. No.	Timing	Items provided
1.	Morning Tea	Coffee/Tea and Biscuits/Rusks/Fan Puffs/Bread
2.	Beak Fast	Puri Sabji (Vegetable/Milk/Parantha/Roti/Butter Toast /Paav(daily)  Plus  Boiled Egg or Seasonal fruits(twice a week)
3.	Lunch	Chapati, Rice, Dal/Sambhar, One Green Vegetable, Curd, Salad (daily)  Plus  Special Meal(Veg/Non-Veg(Meat/Fish) and Sweet (Halwa/Kheer/Gulab Jamun, etc.) (twice a week)
4.	Evening Tea	Coffee/Tea and Biscuits/Rusks/Fan Puffs/Bread
5.	Dinner	Chapati, Rice, Dal, Sabji(Seasonal Vegetable), Khichri  Plus  Special Meal (Veg/Non-Veg(Meat/Fish) and Sweet (Halwa/ Kheer/ Gulab Jamun, etc.) (twice a week)

#### Medical facility/Medicare:

The Organization provided first aid kit as advised by the Doctor of the Senior Citizens' Home for 50 Elderly Women, Glucometer, BP Monitoring Machine, Weighing Machine and Medicine as prescribed by Dr. Ziyaul Haque, MBBS and Part-time Doctor of the Senior Citizens' Home for 50 Elderly Women. A residence of the Doctor is also available near the Home as per his advice so as to enable him to stay in his residence at any time and look after the inmates/beneficiary of the Home regularly. On the other, as the residence of Miss. Alina Shahani, Nurse (ANM) was near the SrCH, she gave her full help and cooperation to the inmates as her parents.

#### **Doctor's Visit:**

The engaged doctor, Dr. Ziyaul Haque, MBBS visited the Senior Citizens' Home for 50 Elderly Women at least twice a week and 8 times in a month for health check-up of all the inmates/beneficiaries. The Doctor was also very interested to get advantage for doing some help to the Older Persons/Senior Citizens in his life and so he kept good relation among them because he said "Older Person/Aged/ Senior Citizens were next to God". He took regular health checkup to the inmates for their healthy life and outside the scheduled of 8 visits in a month, he attended the Home/Centre in emergency cases. The staff nurse supplied required medicines regularly to the inmates as prescribed by the Doctor to achieve free from illness. As the nurse was resided near the SrCH, the inmates got regular checkup and supply of medicine. For serious cases, inmates were carried out to the District Hospital, Thoubal, Regional Institute of Medical Sciences (RIMS), Lamphel, Imphal West, Manipur and Jawaharlal Nehru Institute of Medical Sciences (JNIMS), Porompat, Imphal East District, Manipur.

#### Clothing:

NIRMA provided cloth keeping in view local climate, weather conditions and traditional norms 4 pairs of clothing like Sarwar-Kurta/ Saree-Blouse-Petticoat/ Shirt-Paint/ Kurta-Pyjama/ Dhoti-Kurta/ Lungi-Kurta/ Phanek (traditional cloth of women of Manipur)/towel and Woolens every year and Mosquito Net, Banket and other winter and summer clothes were also provided to each and every beneficiary including sandle/ chapples. The Organization have provided other day by day necessary items like soap, hair oil, tooth brush, tooth paste and dettol soap and other soap from time to time and comb. mirror etc. to the inmates to fulfill their necessity.



Recreation:

The Organization have provided facility for meeting with relatives, cultural meet, film show, outing visit/picnic at nearby and historical places, religious and cultural of Manipur, Senior Citizen' Homes run by another organization/institutions of Manipur (2 in a month), Excursions- twice in a year at different places of Manipur to control boring habit in the Senior Citizens' Home for 50 Elderly Women, morning and evening walking, minor physical exercise to the capable inmates etc. They were provided newspapers of local language (4 local papers), comics, different Magazines-4nos, journals, historical books, novels, books-4 nos. and religious congregation-reading of Quran and Tradition-once in a week. The Organization provided Games like caroms, chess, radios, T.Vs with cable connection of TATA SKY, film show-Cultural and Geographical shows(Once in a week) and other items like slates, chalks, pencils, exercise books, primary books for adult literacy, radio, connection etc. From the above items the inmates able to know the efficient knowledge of past and present situation of Manipur and World.

#### **Hygiene and Sanitation:**

The Organization have given the instruction to the staff such as Chowkidaar, Helper and Cleaner to follow the instruction of the Ministry of Social Justice and Empowerment, Ageing Section, Government of India, New Delhi and they cleaned all the rooms, Verandah/Courtyard and Kitchen at least 2 times a day.

#### **Vegetable Gardening:**

A piece of land was available near the Senior Citizens Home for Elderly Women for gardening vegetables for the inmates. The capable inmates involved in the gardening of vegetables and various kinds of vegetables were available in the place.

#### **Vocational Training:**

The organization has given vocational training to the capable inmates for agarbati, fishing net and mat from kauna crafts etc. The income received from the sale of the finished goods used as their own money.

#### Precaution measures undertaken against COVID-19:

During the period, due to the outbreak of pandemic disease of Novel Coronavirus (COVID-19), the Organisation, NIRMA has undertaken various precautions measures for the inmates of the Senior Citizens; Home such as-i) Using boiled water for drinking and hot water for bathing everyday; ii) Used of disinfectant when cleaning; iii) Supply of soaps, antiseptic liquids, face masks, towel, sanitizers; iv) Maintained of good and healthy food; v) Regular medical check-up with body temperature for mild symptoms like fever, cough, shortness of breath etc, at the Home; vi) Awareness on self-meditation and motivating to have calmness during the lockdown for COVID-19 pandemic; viii)Awareness for the importance of hygiene, viii) Awareness through Radios, newspapers, etc. No detection of Covid-19 till date at the Senior Citizens Home.

#### **NIRMA COMPUTER ACADEMY:**

During the period,35 (thirty-five) numbers of student have registered for "One Year Diploma in Computer Application, Business Accounting and Multilingual DTP (CABA-MDTP)" jointly certified by National Council for Promotion of Urdu Language (NCPUL), Ministry of Human Resource Development, Department of Higher Education, Govt. of India and National Institute of Electronics and Information Technology (NIELIT), Chandigarh, Ministry of Information Technology and Communication, Govt. of India, New Delhi for the year 2019-20. The project "NIRMA Computer Academy (NCA)" has been continuously running since the year 1999 at Old Lambulane, Jail Road, Imphal, Manipur as first time in Manipur under NCPUL, Ministry of HRD, Department of Higher Education, Govt. of India and National Institute of Electronics and Information Technology



(NIELIT), Chandigarh, Ministry of Information Technology and Communication, Govt. of India, New Delhi.

#### **NIRMA COMPUTER TRAINING CENTRE:**

As second project of the National Council for Promotion of Urdu Language (NCPUL) in Manipur, NIRMA has been running the NIRMA Computer Training Centre(NCTC) since the year 2001 at Nungphou Bazar, Sangaiyumpham Part-I, P.O. Wangjing, Thoubal District, Manipur under the National Council for Promotion of Urdu Language (NCPUL), Ministry of Human Resource Development, Department of Secondary and Higher Education, Govt. of India and National Institute of Electronics and Information Technology (NIELIT), Ministry of Communication and Information Technology, Govt. of India, New Delhi bearing Centre Code No.220001(2201). This is the 2<sup>nd</sup> Computer Training Centre in Manipur approved by NCPUL. NIRMA has registered 38 students for the tyear 2019-20 for the "One Year Diploma in Computer Application, Business Accounting and Multilingual DTP (CABA-MDTP)"

# CONTINUATION PROJECTS OF ONE TIME GRANT AND RUN BY NIRMA FROM THE OWN SOURCE OF THE ORGANISATION

#### **MAULANA AZAD CRAFT TRAINING CENTRE:**

NIRMA has been running the project entitled "Maulana Azad Azad Craft Training Centre" (Cutting Tailoring and Embroidery) since 1st April, 2004 with one time grant for purchase of machine and equipments of the Maulana Azad Education Foundation (MAEF), Ministry of Minority Affairs, Govt. of India, New Delhi and since its inception the Organisation has been continuously running the programme at Nungphou Bazar, Sangaiyumpham Part-I, P.O. Wangjing, Thoubal District, Manipur from the own source of NIRMA. A selection Committee has selected 40 (Forty) nos. of beneficiary belongs to poor, minority and other backward classes for the period. During the period, 2 instructors have given theory and practical classes for self-help, self-reliant and self-sustained of the trainee.

#### PROMOTION OF WEAVING TECHNOLOGY:

The Organisation has been running the project since 1st April, 2001 at Yangbi Leikai, Sangaiyumpham Part-I, P.O. Wangjing, Thoubal District, Manipur with the financial assistance of one time grant of the National Research Development Corporation (NRDC), Ministry of Science and Technology, Govt. of India, New Delhi. The New Integrated Rural Management Agency has been continuously running the project from the own source of the Organization. Many trained beneficiaries were engaged in the Production Centre opened in the centre to solve their socioeconomic problem and to give them self-help, self-reliant and self-sustained of the trainee. During the period, 30 (Thirty) nos. of beneficiaries/trainee have been benefited.

#### YOUTH DEVELOPMENT CENTRE:

NIRMA has been running the programme since 1st April,1988 at Nungphou Bazar, Sangaiyum-pham Part-I, P.O. Wangjing, Thoubal District, Manipur under the Nehru Yuva Kendra, Thoubal District, Ministry of Youth Affairs & Sports, Govt. of India, New Delhi and the Organisation has been running the programme from the own source of the agency since its inception. A Managing Committee was elected annually by the members of the Youth Development Centre to look after the day to day work and function of the Centre. The main objective of the centre was to share their knowledge for the betterment of the youths of the villages and public. During the period under report, the centre has provided local and national papers with magazines and journals etc. to increase the Knowledge of the youths.

New Integrated Rural
Management Agency, Manipur

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#### **VOCATIONAL TRAINING IN PC & MOBILE / CELL PHONE REPAIRING:**

NIRMA has started the project in the year 2009 at Nungphou Bazar, Sangaiyumpham Part-I, P.O. Wangjing, Thoubal District, Manipur under National Research Development Corporation (NRDC), Govt. of India undertaking, Ministry of Science and Technology, Govt. of India, New Delhi. As the project was one time grant, no further was released by NRDC. But, NIRMA has been running the project since its inception from the own source of the agency. During the period under report, 30 (Thirty) nos. of beneficiary from the poorest of the poor youths have been selected to give self-help, self-reliant and self-sustained and solved socio-economic problem of their family.

#### **VOCATIONAL TRAINING CENTRE IN TAILORING, EMBROIDERY & WOOL KNITTING:**

The Organisation, NIRMA has been running the project since1stApril, 2015 at Yangbi Leikai, Sangaiyumpham Part-I, P.O. Wangjing, Thoubal District, Manipur with the financial assistance for purchase of tools and equipments of the Central Waqf Council, Ministry of Minority Affairs, Government of India, New Delhi and after then, the Organization has been running the project from its own source. During the period 2019-20, forty (40)numbers of youths belongs to Minority Muslim Communities from Thoubal District of Manipur and from poorest of the poor family have been selected for the vocational training programme.

#### CONTINUATION PROJECTS RUN BY NIRMA FROM ITS OWN SOURCES:

#### AAN COACHING INSTITUTE:

The organisation has been continuously running the programme since the year 2007 at Nungphou Bazar, Sangaiyumpham Part-I, P.O. Wangjing, Thoubal District, Manipur from the own source of the organisation. There were 2 section of coaching i.e. one for general education from class V to XII standard and another one for entrance examinations. Coaching for i) entrance examinations for admission in technical and professional courses; ii) private sector Employment was included in the second section of coaching. Facility for boarding was also provided in the coaching centre. All the teachers were long experience and well qualified. During the period, 90 students for general coaching classes and 20 students for technical and professional courses have been selected. Those students passed from the coaching centre have got jobs from government departments and private.

#### **MUNIRA ENGLISH JUNIOR HIGH SCHOOL:**

The New Integrated Rural Management Agency has been running the school at Puleipokpi, Sangaiyumpham Part-I, P.O. Wangjing, Thoubal District, Manipur since the year 2012 under the management of a Managing Committee with the objective to give good education to the rural students. The school has been upgraded up to class X standard since the year 2015 with boarding facility for the welfare of the students. The Managing Committee of the School has appointed some other qualified teacher of the school during the period and it was run by 23-teaching and 6-non teaching staff. The total numbers of students during the year 2019-20 were 830 (eight hundred thirty). Some teachers were provided for coaching outside the school timing to upgrade the weak students.

#### **NOOR MAKTAB:**

The Organisation has been continuously running the project since the year 2013 at Patkha Leikai, P.O. Wangjing, Thoubal District of Manipur. The main objective of the programme was to teach Quran to the children/students (Arabic Study Centre). Formal curriculum subjects like-Science, mathematics, Languages and Social Studies were also compulsory in the Maktab to fulfill the objective of the Modernization of Madrassa Education of the Government of India so as to make the students equivalent with other students from other school or colleges and to give



opportunity to the students for applying any government jobs. During the period facility for Urdu Study Centre was provided in the Maktab.

#### ALIA DISABLE VOCATIONAL TRAINING INSTITUTE:

The Institute was registered in the year 2008 under the Department Social Welfare (Competent Authority under Provision of Section 52 of the Persons with Disabilities), Government of Manipur at Nungphou Bazar, Sangaiyumpham Part-I, P.O. Wangjing, Thoubal District, Manipur from the own source of the organization. The main courses of the Institute were:- i) One Year Diploma in Computer Application and DTP; ii) Mobile Phone Repairing and iii) Tailoring and Embroidery etc. NIRMA has given benefit to 45 trainee /beneficiary during the year.

#### MICRO CREDIT PROGRAMME:

The main idea and objective of the programme was to find out the true meaning of empowerment of women with the sense of pride in the nationally accepted values like democracy, socialism and secularism. NIRMA has collected same amount as loan recovery and interest from the amount invested as loan amount. Expert resource persons delivered valuable idea and knowledge about the micro credit to rural women and talks about the programme for encouraging saving habit in collective team work to enable them to stand on their fact while crossing the poverty line. The programme has benefitted more than 90 rural women.

#### PROMOTION OF BEE KEEPING:

NIRMA has conducted 7-days programme on "Promotion of Bee Keeping" from 2nd to 8th October, 2019 at the training hall of the organization. Mohd. Zakir, Pradhan, Sangaiyumpham Part-I Gram Panchayat presided the training programme. Eminent resource persons delivered valuable talks about bee keeping for the welfare of the bee keepers. The Organisation has selected 40(Forty) numbers of beneficiary from the villages-Sangaiyumpham Part-I and II under Thoubal C.D. Block of Thoubal District, Manipur. The organization has distributed 10(ten) nos. of bee box to the rural bee keepers whom was selected by the pradhans of Sangaiyumpham Part-I and II.

#### PROMOTION OF INDIGENOUS CULTURE OF MANIPUR:

NIRMA has been running the project since the year 2012 from the own source of the Organization. The organisation has conducted 2-days programme on Qawwali Competition from 12 to 13January, 2020 at Community Hall, Sangaiyumpham Part-I, Thoubal District, Manipur. The programme was presided by Mrs Ramida, Sangaiyumpham Part-II, Thoubal, Manipur. The main objective of the programme was to revive the indigenous culture and identity of Muslim Community of Manipur. Expert resource persons from the Directorate of Culture, Govt. of Manipur delivered valuable speech about the programme. More than 130 participants share the programme.

#### **CARPENTRY TRAINING CUM PRODUCTION CENTRE:**

The organisation has been continuously running the programme since 12th April, 2015 at Cherapur, Sangaiyumpham Part-II, P.O. Wangjing, Thoubal, Manipur from the own source of the organization. The Centre produced different items/designs of furniture like bed, table, chair, dining table; all items of marriage and any wooden item demanded by locality and purchaser were made in the centre. During the period, twenty rural poor youth regularly were working in the centre on monthly salary under the supervision of one Manager. The main objective of the programme was also to give self-help, self-sustain and self-sustain to the rural poor educated youths.

# GENERAL PROGRAMME IMPLEMENTED BY NIRMA DURING THE YEAR 2019-20 FROM THE OWN SOURCE OF THE ORGANISATION

#### BIRTH AND DEATH ANNIOVERSARY OF DR. BHIMRAO AMBEDKAR:

The New Integrated Rural Management Agency celebrated the Birth and Death Anniversary of Dr. Bhimrao Ambedkar on 14th April, 2018 and 6th December, 2019 at Sangaiyumpham Hr. Secondary School, Thoubal District, Manipur. Dr. Bhimrao Ambedkar popularly known as **Babasaheb Ambedkar** was born on 14th of April in 1891 and Ambedkar Jayanti is celebrated by the people of India to commemorate Dr. B.R. Ambedkar's immense contributions for the poor people of India. Dr. Bhimrao Ambedkar is the father of Indian Constitution who had drafted the Constitution of India and he was the great human rights activists. He had established the "**Bahishkrit Hitkarini Sabha**" in the year 1923 in India aiming to spread the necessity of education as well as enhancing the economic status of the low group people of India. He run a social movement for people using slogan "**Educate-Agitate-Organize**" aiming to eradicate the casteism in India as well as rebuilding the Indian Society by following the rule of equality of human beings.

He paid his major contribution by protecting the **Fundamental Rights** (for the social freedom, equality and eradication of untouchably for low group people) and **Directive Principles** (enhancing the living status by securing the fair distribution of wealth) of State Policy in the Indian Constitution. He continued his social revolution till the end of his life. He has been honored with the Bharat Ratna, India's highest civilian award in the month of April in 1990 for his big contributions towards the Indian society. He died on 6 December 1956.About120 participants took part the programme.

#### **CONSUMER AWARENESS PROGRAM:**

Consumer awareness is important so that buyer can take the right decision and make the right choice. Consumers have the right to information, right to choose, right to safety. Due to lack of awareness and guidance at the grass root level the consumers are not able to avail and exercise their rights. The main Objectives of consumer awareness were: (i) To create awareness among consumers about protection and promotion of their rights; (ii) Create sensitization to make them a real contributing consumers to society and Empowerment of consumers to access grievance redressal system. NIRMA has organized 2-days Consumer Awareness Programme from 21 to 22 August, 2019 at Puleipokpi, Sangaiyumpham Part-I, Thoubal District, Manipur. Eminent resource persons from the Department of Consumer Affair, Food and Public Distribution, Government of Manipur delivered valuable talks about the programme. More than 110 participated share the programme.

#### AWARENESS CUM TRAINING ON MUSHROOM CULTIVATION

NIRMA organised2-days awareness programmwe on mushroom cuktivation from 14 to 15 December, 2019 at Tentha, Thoubal District, Manipur. The mainobjective of the programme were: (i) To increase the production and consumption of mushrooms; (ii) To provide the Unit with appropriately trained personnel for the promotion of mushroom production; (iii) To help create new employment opportunities for rural women and the youth through mushroom cultivation; (iv) To empower rural communities with entrepreneurial skills through the production and sale of mushrooms; (v) To ensure adequate and satisfactory supply of spawn to rural communities involved in mushroom production. Expert resource persons from the Directorate of Agriculture delivered valuable talks about the programme and they said that Mushroom Sector is one of the important wings of Agriculture which can generate self employment and can play a game changer in generating livelihood among the educated unemployed youth and they highlighted the importance and scope of Mushroom sector. About 50 participants took part the programme.



#### AWARENESS PROGRAMME FOR ADOLESCENT:

Adolescence ('to grow up') is a transitional stage of physical and psychological development of that generally occurs during the period from puberty to legal adulthood (age of majority). Adolescence is the period of development that begins at puberty and ends at emerging adulthood. The teenage years are also called adolescence. Adolescence is a time for growth spurts and puberty changes. An adolescent may grow several inches in several months followed by a period of very slow growth. Adolescence is the period of transition between childhood and adulthood. NIRMA organised 2-day "Awareness Programme for Adolescent" on8th and 9th July, 2019 at Khangabok, Thoubal District, Manipur. The main objective of the programme were (a) To provide opportunity of holistic development of the youth including adolescent for realization of their fullest potential; (b) To develop leadership qualities and personality development of youth; (c) To above channelize their energy towards socio-economic development and growth of the nation: (d) To engage and channelize the energy for them in a positive manner for nation building and (e) To increase awareness about mood disorders in youth while stressing the need for education and treatment. Expert resource persons from the Directorate of Youth Affairs and Sport, Government of Manipur delivered valuable talks about the programme. More than 110 participants took part the programme.

# SKILL DEVELOPMENT TRAINING FOR REGISTERED LABOURS AND THEIR DEPENDENT SPOUSE/CHILD/SIBLINGS:

NIRMA has conducted 3-Months "Computer Training Programme for Labours and their Dependent Spouse/Child/Siblings from 1stMay, 2019 to 31st July, 2019 at the NIRMA Computer Academy, Old Lambulane, Jail Road, Imphal, Manipur. The main objective of the programme were (i) To give Computer training to the registered building workers and their dependent spouse/child/siblings; (ii) To give self-employed and entrepreneurship ideas; (iii) To create an atmosphere of competition and exploring for living and help them to utilize the leisure time properly; (iv) To rise up socio-economy of the entrepreneurs to registered building labour workers family members, their dependent spouse/child/siblings on the proposed project; (v) to build awareness about the income activities. Expert resource persons from the Department of Labour, Govt. of Manipur delivered valuable speech about the programme. Thirty students from registered building workers and their dependent spouse/child/siblings were selected and given Computer Education.

#### AWARENESS PROGRAMME FOR PREVENTION AND CONTROL OF DRUG ABUSE:

NIRMA has organized 2-days "Awareness Programme for Prevention and Control of Drug Abuse" on 11 to 12September, 2019 at Palli Bazar, Sangaiyumpham Part-II, P.O. Wangjing, Thoubal, Manipur. The main objectives of the programme were; i) To sensitize with demonstrations and case studies about the harmful effects of drug abuse; ii) To make mass mobilization for prevention and control of drug abuse with mass media, pamphlets, posters, banners and rallies, etc. As per record of our survey, large number of drug supplier was from the Sora, Lilong and Sangaiyumpham Part-I and Part-II of Thoubal District. NIRMA performed the programme with Anjuman Falahi Basar, an active group formed for prevention and control of drug abuse and clubs, associations and mahila mandals, etc of the villages. Expert resource persons from the Department of Social Welfare, Government of Manipur delivered valuable talks about the programme. More than 120 representatives of Clubs, Mahilla Mandals, Associations, Organizations and Members of Panchayats, etc. participated the programme.

#### CHILD TRAFFICKING AWARENESS PROGRAMME:

Child trafficking is a crime that exploits girls and boys for numerous purposes including forced labour and sex. Because child trafficking is lucrative and often linked with criminal activity and



corruption, it is hard to estimate how many children suffer, but trafficking and exploitation is an increasing risk to children around the world. When human trafficking occurs, children are often trafficked for commercial sexual exploitation or for labour such as domestic servitude, agricultural work, factory work, mining or are forced to fight in conflicts. NIRMA organized 2-days "Child Trafficking Awareness Programme" on 24th and 25th June, 2019 at Lamding, Thoubal District of Manipur. Expert resource persons from the Directorate of Social welfare, Government of Manipur delivered valuable talks about the programme. The resource persons described some steps to be undertaken to end Child trafficking as follows: i) Support livelihoods to help families avoid the need to have their children work; ii) Raise awareness of trafficking, reducing the number of children being trafficked; iii) Rehabilitate survivors, and help them rebuild their lives. More than 100 participants took part the programme.

#### **CHILD CARE CENTRE:**

Child care (day care) is the care and supervision of a child or multiple children at a time, whose ages range from six weeks to thirteen years. Child care providers can be children's first teachers, and therefore play an integral role in systems of early childhood education. Quality care from a young age can have a substantial impact on the future successes of children. The main focus of childcare is on the development of the child, whether that be mental, social, or psychological. NIRMA has been running "Child Care Centre" at Patkha Leikai, Sangaiyumpham Part-I, P.O. Wangjing, Thoubal District, Manipur since the year 2017. About 130 children have been benefitted from the Child Care Centre with full management system of the centre.

#### DAIRY DEVELOPMENT PROGRAMME:

NIRMA has been continuously running the programme at Patkha Leikai, Sangaiyumpham Part-I, P.O. Wangjing, Thoubal, District, Manipur since the year 2014 from the own source of the Organization. The main objective of theprogramme was to promote and upgrade dairy and its processing by producing large scale of milk and it is an income generation programme for the rural unemployed youths. During the year NIRMA has opened a milk collection centre at Nungphou Bazar, Sangaiyumpham Part-I, Thoubal District, Manipur and milks were collected from other individual dairy farms of the surrounding villages so as to enable to fulfill the demand of milk from the centre.

#### FISH FARMING PROGRAMME:

In view of the present demand of fish and as the fish farming was an income generation program to the rural unemployed youths, NIRMA has conducted 2-day training programme on "Fish Farming Programme" from 19th to 20th May, 2019 at Tentha, Thoubal District, Manipur. The aims of the programme were to give knowledge to the unemployed youths about fish farming. In Manipur out of the 52,000 metric tonnes of fish required for consumption only 32,000 metric tons are being produced by the fish farmers of the Manipur State annually. So fish farming was very easy, suitable and income generating programme for the unemployed youths of Manipur. Expert resource persons from the Fishery Department, Government of Manipur delivered valuable speech about the programme. About 105 participants including fish farmers from Thoubal and Kakching Districts of Manipur share the programme.

#### YOGA AWARENESS PROGRAMME:

Yoga is essentially a spiritual discipline based on an extremely subtle science which focuses on bringing harmony between mind and body. It is an art and science of healthy living. The word 'Yoga' is derived from the Sanskrit root 'Yuj', meaning 'to join' or 'to yoke' or 'to unite'. As per Yogic scriptures the practice of Yoga leads to the union of individual consciousness with that of the Universal Consciousness, indicating a perfect harmony between the mind and body. According to modern scientists, everything in the universe is just a manifestation of the same



quantum firmament. One who experiences this oneness of existence is said to be in yoga and is termed as ayogi having attained to a state of freedom referred to as mukti, nirvana or moksha. The aim of Yoga is self-realization, to overcome all kinds of sufferings leading to 'the state of liberation' (Moksha) of 'freedom' (Kaivalaya). Yoga also refers to an inner science comprising of a variety of methods through which human beings can realize this union and achieve mastery over their destiny. The main objective of Yoga was- Treatment of diseases, Maintaining food health, Development of consciousness and accomplishment. NIRMA has organized 2-days "Yoga Awareness Programme" on 17th and 18th November, 2019 at Community Hall, Sangaiyumpham Part-I, Thoubal, Manipur. Altogether110 participants took part the program.

#### AGRICULTURE AND HORTICULTURE DEVELOPMENT PROGRAMME:

NIRMA has conducted 2-days "Agriculture and Horticulture Development Programme" from 7th to 8th February, 2020 at Mairenkhul Thoubal District, Manipur. The programme emphasized on plantation of High yield varieties, mix cropping and soil management etc. at the suitable areas for plantation. The main objectives of the programme were:- i) To provide market support to Agriculture and Horticulture products; ii) to collect the products abundantly from the villages for sale in the market and iii) To encourage the farmers for adopting modern method of farming. Expert resource persons from the Department of Agriculture and Horticulture, Sanjengthong, Imphal, Manipur delivered valuable speech to the participants about the use of insecticides to the plants and control plants from insects. More than 90 representatives of Clubs, Mahilla Mandals, Associations, Organizations and farmers, etc. participated the programme.

#### FOOD PRESERVATION AND PROCESSING PROGRAMME:

NIEMA has organized 2-days programme on "Food Preservation and Processing Programme" from 16th to 17th August, 2019 at Sora, Kakching District, Manipur.Manipur is also one of the States produces various type of fruits of India but due to lack of food processing and preservation industries 50% of fruit produce is lost due to dehydration. NIRMA has undertaken the step to preserve lost of fruits and to develop self employment skill training and entrepreneurship development to the un-employed youths for their self-help, self-employment and self-reliant as well as income generation activity of the organisation. About 100 participants share the programme.

#### ROAD SAFETY AWARENESS PROGRAMME TO SCHOOL CHILDREN:

NIRMA has organised 1-day "Road Safety Awareness Programme to School Children" 27<sup>th</sup>January, 2020at Community Hall, Sangaiympham Part-I, P.O. Wangjing, Thoubal District, Manipur as the organisation is actively involved in the road safety programme,. Expert resource persons from the Transport Department, Govt. of Manipur delivered valuable lectures about road safety and they distributed guidelines on teaching road safety for children and young people, posters, charts, rules and other resources for road safety an interesting and engaging topic. More than 150 school children participated the programme.

#### HIV/ AIDS AWARENESS PROGRAMME:

Human Immunodeficiency Virus (HIV), weakens immune system by destroying important cells that fight disease and infection. HIV can destroy so many of T-cells or CD4 cells, a key part of your immune system that body can't fight infections and disease anymore. When this happens, HIV infection can lead to AIDS.AIDS, or Acquired Immunodeficiency Syndrome, is a complex illness with a wide range of complications and symptoms. AIDS is the final stage of HIV. When individuals reach this stage, they are at high risk for opportunistic infections due to their badly damaged immune system. NIRMA organised one day "HIV/AIDS Awareness Programme" on 19thOctober, 2019 at Hayellabuk, Thoubal District, Manipur. The aim of the programme was to empower and increase the awareness to participants of HIV/AIDS, its impact, management and availability of support systems. Expert resource persons from the Health Department, Govt. of

Manipur delivered sustainable lecture about the programme. Resource persons mention where did HIV/AIDS come from? They said "reducing your sexual risk is one way to prevent the transmission of HIV. You can reduce your risk by: i) Practicing abstinence; ii) Practicing safer sex; iii) Getting tested and Being monogamous". About 120 participants share the programme.

#### **ENVIRONMENT AWARENESS PROGRAMME:**

The Organisation organized 2-days Environment Awareness Programme on 6<sup>th</sup> and 7<sup>th</sup> December, 2019 at Cherapur, Sangaiyumpham Part-II, P.O. Wangjing, Thoubal, Manipur. The main objectives of the programme were (i) To aware the rural people about the global warming issues and changes of environment atmosphere due to noise degradation of forest. Tree plantation programme was also performed in the public places of Sangaiyumpham Part-I and Part-II. More than 110 participants took part the programme.

#### RURAL SPORT DEVELOPMENT PROGRAMME:

Sport development is the promotion of sports activities for the community. Successful sports development depends largely on effective partnership and networking with a wide range of community groups, service providers, facility operators, Governing bodies, local authorities and voluntary groups. NIRMA hasorganised2-days "Rural Sport Development Programme" from 12<sup>th</sup> to 13<sup>th</sup> April, 2019 at Puleipokpi, Thoubal District, Manipur. The main aim of the programme were: i) To promote a sports culture among both Boys & Girls; ii) To put an effective mechanism to identify sporting talent in rural areas; iii) Ground availability and other facilities (equipment); iv) Inter village competitions; v) Coach availability for good players and vi) Promoting excellence in sports. Eminent resource persons from the Directorate of Youth Affairs & Sport, Government of Manipur delivered valuable talks about the programme. About 80 representatives of the Clubs, Associations, NGOs, Mahila Mandals, etc. participated the program.

#### PROGRAMME ON DISASTER MANAGEMENT:

NIRMA has organized 2-days programme on "Disaster Management" on 10<sup>th</sup> March, 2020 at Lamding, Thoubal District, Manipur. The main objective of the programme was to deliver the message of disaster management and its effects and preventive measure to the general public. Resource persons from the concern department of the Government of Manipur delivered valuable talks about the programme. There are two types of disaster management namely (i) Natural disaster and (ii) Man-made disaster. The resource persons point out the difference between natural disaster and natural hazard. Altogether 120 participants share the programme successfully.

#### **FUTURE PROGRAMMES**

NIRMA will render/dedicate itself to the service/activities which would solved the problems and hardships being faced by the people, particularly those living in disadvantaged areas, in respect or something economic constraints, degrading environment, malnutrition, illiteracy, social justice, communal disharmony and lack of rural infrastructure, keeping its vision and mission in the forefront and with its relentless and selfless voluntary efforts, The following are some of the earth marked programmes of NIRMA wishing to be implemented in the next year.

- Skill development programmes
- Bringing about value education in schools and colleges.
- Empowerment of women and marginalized group through SHGs.
- Promotion of small scale industries on different trades.
- Promotion of rural economy through agriculture.
- Promotion of dairy farming.
- Control of drug abuse child welfare programme.

Secretary
New Integrated Rural

- Welfare programmes for rural artisans
- Promotion of Sport.
- Welfare programmes for Disable, SC/ST, OBC, Minority
- Welfare programmes for women workers and child labours.
- Welfare programmes for older and widow women.
- Consumer welfare programmes.
- Health and sanitation programme.
- Food processing and preservation.
- Modernization of madrassa education
- Development of rural infrastructure.
- Welfare programmes for adolescent.
- Promotion of bee keeping.
- Identification of artisans in rural areas.
- Promotion of culture of Manipur.
- Establishment of income generating programmes.
- Promotion of water and sanitation programme, etc.
- Skill Training programmes in different trades.
- Horticulture and Agriculture Development Programmes.
- Welfare Programmes for Senior Citizens.



#### **ACKNOWLEDGEMENT**

I, on behalf of the New Integrated Rural Management Agency (NIRMA), Nungphou Bazar, Sangaiyumpham Part-I, P.O. Wangjing, Thoubal District, Manipur, gladly take this opportunity to express my deepest gratitude and highest appreciations to executive members of the Managing Committee, personnel staff of NIRMA, Advisory Committee Members, Members of the Sub-Committee, dedicated members/ volunteers of the General Body, well wishers and sympathizers of the Organization for extending their fullest co-operation and co-ordinations which enabled the Organization to accomplish some remarkable activities resulting significant and popularity from various sections of the society.

Last but not the least, my hearty thanks and gratitude go to the following State and National donors/contributors(s)/ funding agencies for extending their valuable cooperation and noble supports to the Organizations:

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- Ministry of Environment & Forest, Government of India, New Delhi.
- Ministry of Panchayati Raj, Government of India, New Delhi.
- Ministry of Minority Affairs, Government of India, New Delhi.
- National Research Development Corporation, New Delhi.
- National Council for Promotion of Urdu Language, Government of India, New Delhi
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- Central Waqf Council, Government of India, New Delhi.
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- NIPCCD, New Delhi and Guwahati.
- Indian Institute of Entrepreneurship.

New Integrated Rural Management Agency, Manipur

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#### **GOVERNMENT OF MANIPUR & ASSAM:**

- NIPCCD, New Delhi and Guwahati.
- Environment and Ecology Wing (RRA-Manipur).
- Department of Youth Affairs & Sport, Government of Manipur.
- Department of Social Welfare, Government of Manipur.
- Nehru Yuva Kendra, Thoubal.
- NIRD, Guwahati, Assam.
- Department of Labour, Government of Manipur.

Lastly, I express my best wishes for every success of all those who spared no pains and shared their valuable co-operation and noble supports with us and enabled us to wipe out the ceaseless tears of the poor and needy people.

Heartiest thanks to you all.

(MOHD. AZIZUR KHAN)
Secretary, NIRMA