



THE NEW INTEGRATED RURAL MANAGEMENT AGENCY (NIRMA)

**NUNGPHOU BAZAR, SANGAIYUMPHAM PART-I, P.O. WANGJING-795148,
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Ref. No. 6-7/NIRMA/SrCH-MSJE/DSJE/94-95/2124

Date 2nd October, 2026 :

To,

**Shri Praveen Sharma,
Deputy Secretary to the Government of India,
Ministry of Social Justice & Empowerment,
Department of Social Justice & Empowerment,
Senior Citizen Division,
Government of India,
GPOA-3, Netaji Nagar
New Delhi-110023**

**Subject: Submission of Performance Report in respect of International Day of
Older Persons (IDOP), 2026 -Reg.**

Sir,

It gives us an immense pleasure to submit our performance report on activities and achievements in connection with the International Day of Older Persons (IDOP), 2026 under the scheme of Integrated Programme for Senior Citizens (IPSc), a component of the Atal Vayo Abhyuday Yojana (AVYAY) for your kind information and onward necessary actions.

We, the inmates, staffs, volunteers and sympathisers of the SrCH, Nungphou, are always ready to perform/ take up any programme/activity whenever instructed/assigned by your office.

With best regards, we remain.

Enclosed: Photographs of activities.

Yours faithfully,

(MOHD. AZIZUR KHAN)

Secretary, NIRMA

Secretary
New Integrated Rural
Management Agency, Manipur

**A BRIEF REPORT ON
OBSERVATION OF INTERNATIONAL DAY OF OLDER PERSONS
(IDOP)
ON 1ST OCTOBER, 2026**



Senior Citizens Home for 50 Elderly Women, Nungphou run by New Integrated Rural Management Agency(NIRMA), Nungphou Bazar, Sangaiyumpham Part-I, P.O. Wangjing, Thoubal District, Manipur is immensely pleased to adopt and highlight this brief report on its performance of different activities on the red letter day of International Day of Older Persons(IDOP) on 1st October, 2026 in response to Ministry of Social Justice & Empowerment's instruction vide letter Ref. No.AG-15039/71/2025-Sr.C-I(EO-99484) dated the 30th September, 2026.

In this regard, some important activities and performance were undertaken by the inmates of the NIRMA Senior Citizens' Home, Sangaiyumpham Part-I, Thoubal, Manipur and briefed as under:

- i) 40 number of women inmates took active participation in the International Day of Older Persons (IDOP) programme hosted by Integrated Rural Development and Educational Organisation, IRDEO-RRTC(NE)-Ag, Wangbal, Thoubal, Thoubal District, Manipur. With the active participation of the 40 inmates of NIRMA Senior Citizens' Home, Nungphou the programme had achieved grand success.
- ii) In response to Ministry of Social Justice & Empowerment's instruction, video conference session was also conducted in NIRMA Senior Citizens' Home, Nungphou with the active participation of its residents and staff members making the successful conduct of the programme.
- iii) As an integral part of the Integrated Programme for Senior Citizens(IPSrC) a component of Atal Vayo Abhyuday Yojana(AVYAY), the SrCH, Nungphou performed a very effective session on Yoga, meditation and physical fitness based on the suitability of the older persons.

In Addition to the Yoga Session, a brief awareness of the older persons was also imparted in respect of preventive health care, nutrition and healthy ageing.

In this way, the International Day of Older Persons (IDOP) was actively observed and celebrated by the inmates of SrCH, Nungphou.

Important photographs showing different activities and performances by the inmates, staff and volunteers of SrCH, Nungphou are documented and uploaded in NIRMA's own website i.e. www.nirmagency.org and Ministry's website for information, records and widespread in the larger interest.

(MOHD.AZIZUR KHAN)
Secretary, NIRMA
Secretary
New Integrated Rural
Management Agency, Manipur

**PHOTOGRAPHS SHWING THE DIFFERENT ACTIVITIES OF
THE INTERNATIONAL DAY OF OLDER PERSONS
(IDOP), 2026**



Mohd. Azizur Khan

(MOHD. AZIZUR KHAN)

Secretary, NIRMA

Secretary

New Integrated Rural
Management Agency, Manipur